

THE
MAGNIFICENT
iving **ADD**venture™



**AD/HD - Talks, Training Courses and Workshops
for**

Parents, Educators, Adult ADDers & Medical Professionals

Dave and Pat Pughe-Parry

Web: www.ladd.co.za

E-mail: pat@ladd.co.za OR dave@ladd.co.za

Cell: Pat: 082 559 3364 Dave: 083 298 2828

BOOK & AUDIO CD ORDER FORM

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Title & Description	Qty	Unit Cost	Total Cost
I'm Audacious, Original and Innovative – I Have AD/HD - Book + 2 Audio CDs		R150.00	
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Post proof of payment, or cheque made out to Brainwave Projects 1093 CC, and completed and signed Order Form to: (do not send Cash) Living ADDventure™ CC, Postnet Suite #62, Private Bag X40106, Walmer 6065			

OUR BANK DETAILS

Deposit the required amount into our bank account: FNB Port Alfred – Branch Code: 21091700 Account Name: Brainwave Projects 1093 CC t/a Creative Change Account Number: 62095615260			
Signature:		Date:	

The Book & CDs are mailed ordinary mail with a tracking number on receipt of payment.

...it appears to be very much a hands on life skills book which I am sure is going to be useful. I wish you everything of the best for the book and I will promote it where ever it is appropriate. Prof. André Venter, Professor & Head of Paediatrics and Child Health, The University of the Free State

WELCOME TO THE FIRST ISSUE OF THE MAGNIFICENT LIVING ADDVENTURE

APRIL 2009 - FROM THE EDITOR

Greetings to you all,

2009 is going to be tough all over the world. All we read is doom and gloom and it's really hard to stay positive and believe that we will survive.

But... we have no choice. So Dave and I have decided that this year is going to be our best. We have taken a huge leap of faith and packed up our lives. We invested in our bright yellow custom-built trailer that houses our office, kitchen and personal items and we hit the road to spread our passion about **AD/HD (Attention Deficit/Hyperactive Disorder)**

Gauteng was our first stop for the first 3 weeks of March. April sees us marketing in KZN, then moving onto the Eastern Cape until the end of the month. We are in Cape Town for most of May, then back to KZN.

Our planned itinerary is set out below, or you can find a regularly updated version on <http://www.ladd.co.za/TavellDiary.html> Join us on our journey as we visit schools in towns big and small conducting our workshops, talks and courses.

PLACE	DATES	PLACE	DATES
KZN	23 March - 07 April	Gauteng	30 July - 14 August
E Cape	16 - 30 April	KZN	16 - 28 August
Cape Town	01 - 21 May	Cape Town	01 - 11 September
KZN	25 May - 12 June	Gauteng	13 - 23 September
E Cape	15 - 25 June	N Province & Mpumalanga	02 - 16 October
N Province & Mpumalanga	20 - 29 June	KZN	19 - 30 October

When we are in your town, contact us please. We look forward to meeting you.

Pat Pughe-Parry, Editor

e-mail: - pat@ladd.co.za * **cell:** 082 559 3364

Published by: Creative Change CC for Living ADDventure™

HOW TO LIVE YOUR DASH

*I read of a man who stood up to speak
at the funeral of a friend.
He referred to the dates that would be on his tombstone
from the beginning to the end.
He noted that first came the date of birth
and spoke the following date with tears.
But said what matters most of all
was the dash between those years?
For that dash represents all the time
that he had spent alive on the earth.
And now only those that loved him know
what that little line is worth.
For it matters not how much we own,
the cars, the house, the cash
What matters most is how we live and love
And how we spend our dash.
So think about it long and hard
Are there things you would like to change?
For you never know how much time is left
that can still be re-arranged.
If we could just slow down enough
To consider what is true and real
And try to understand the way other people feel
Be less quick to anger and show appreciation more
And love the people in our lives
like we've never loved them before.
Treat each other with respect
and more often with a smile,
Remembering this special dash
might only last a while,
So when your eulogy is being read
With your life's actions to rehash
Would you be proud of the things they say
About how you spent your dash?*

Author unknown.

INTRODUCTION TO LIVING ADDVENTURE™

Dave and Pat Pughe-Parry the owners of Living ADDventure™ both have AD/HD and were only diagnosed past the age of 40. Their lives are rich, full and exciting but their untreated AD/HD impacted on their schooling, their MANY careers, their parenting skills and their personal relationships.

Since 2000, Dave has devoted his life to researching AD/HD in all its complexities and helping those living with and alongside AD/HD. Pat joined Dave in 2006 after going through the LADD AD/HD Coaching Programme which changed her life. They married in June 2007.

Myths and misunderstandings about what AD/HD is and how to treat it leads to parents trying each new "guaranteed cure," frequently being disappointed, and often considerably poorer. There is no silver bullet and what works for one person may not work for another. The symptoms are common BUT the impairments are unique to each individual.

There is no cure yet but ADDers can LEARN to manage their distraction, restlessness & impulsivity which are the defining characteristics of AD/HD.

Living ADDventure™ works with families, schools and in the workplace if required. A multi-disciplinary approach including medication, coaching, OT, diet, nutrition, exercise and psychotherapy all play a role in treating AD/HD.

We consult a wide varied of qualified AD/HD experts who provide support to us, medical professionals, and teachers.

Dave has been a guest speaker at ADHASA's annual conferences, has appeared on many radio shows and done talks and training courses throughout South Africa. In addition to his AD/HD Coaching Dave conducts training courses for parents, educators, and coaches.

Living ADDventure™ AD/HD support groups provide a place for ADDers and those who live alongside them to share experiences and to support one another.

We have self published our first book, "I'm Audacious, Original and Innovative ... I Have AD/HD" which comes complete with 2 audio cds for those people who do not like to, or can't read.

In 2009 we are travelling throughout South Africa conducting our talks, courses and workshops and promoting our book.

Living ADDventure™ CC (Reg No. 2005/143668/23)

Postnet Suite #62, P/Bag X40106, Port Elizabeth, 6065

e-mail: pat@ladd.co.za or dave@ladd.co.za

web: www.ladd.co.za

cell: 082 559 3364 (Pat) or 083 298 2828 (Dave)

Denise Roos (Gauteng Coach): denise@ladd.co.za or 082 577 0324

PROFILE OF THE LADD TEAM



Dave is the eldest of 3 siblings and was born in Pietermaritzburg. His Dad, working as a trouble-shooter for Eskom meant that by Grade 4 Dave had attended 13 schools completing his schooling in Gauteng in 1971 much to the relief of his teachers. Dave was the ultimate AD/HD rebel child although he was only diagnosed in his 40s. Two years in the army, one as an officer gave him some much needed structure.

He is a proud father to Rhys and his wife Michelle and his daughter Sarah and has 3 gorgeous granddaughters.

Dave Pughe-Parry

A professional news photographer for local and international papers, advertising, multi-media large scale productions, and corporate training have kept him busy with spectacular successes and his fair share of failures. Dave is highly imaginative and creative, loves technology and gadgets and coming up with new concepts and ideas.

With his customary passion, once he was diagnosed with AD/HD, he set about finding out how to manage AD/HD. He set up weekly Support groups and quickly realised that coaching – new at the time - offered excellent results. He then formed **Living ADDventure™** offering coaching services to adults with the condition.

Dave loves to share his passion and this he does via his talks on radio and the talks, workshops and courses at schools throughout South Africa.



Pat grew up in Durban the 5th daughter of 7 children. She initially qualified as a medical technologist, married and moved to Gauteng in 1980. A mother to Marc who is married to Paula and has 2 great children and Kevin and fiance Aleks, she has and continues to live a rich and full career and family oriented life.

Pat's diverse career history includes: medical, veterinary & textile technology, managing a political party office, low cost housing projects, finance and HR management, co-owning a family IT Software Development and Training company, consultancy work, property management and tourist guiding.

After doing the Living ADDventure AD/HD Coaching Course her approach to life changed dramatically and she became a partner in Living ADDventure™.

A real ADDers life!

Dave and Pat met on 1st April 2006 and married in June 2007 in a 60's themed ceremony in Paarl, Western Cape.

ORGANISE YOUR LIFE

ADDers (those who have AD/HD) crave structure yet so often our lives are dis-organised and chaotic and our homes and work areas a mess.

1. Remove the clutter. Get your spouse/partner/children to clear out your cupboards and you do theirs. It is amazing how much you will get rid of.
2. Sell all those unused kitchen accessories and appliances. They collect dust and will bring in some much needed extra cash.
3. Put up a message board on the back of the toilet door and leave messages for your spouse and kids. Encourage them to do the same.
4. Get a FREE Google e-mail address and set up calendars for each member of the family and get free sms's reminding you of activities. If you don't have a G-Mail account, e-mail pat@ladd.co.za and Pat will get you started.
5. Plan your day - EVERY DAY! Record what you ACTUALLY did compared to what you planned. You can find a variety of ready made diary sheets on our website: <http://www.ladd.co.za/GManageDay.html>

MORE TIPS NEXT ISSUE!

SHARE YOUR TIPS TO HELP OTHERS. E-MAIL [PAT@LADD.CO.ZA](mailto:pat@ladd.co.za)

LADD™ BLOGGS

CONVERSATIONS IN MY HEAD - <http://ladd.co.za/blogware/>

LOVING ON THE EDGE - <http://ladd.co.za/blog/>

Get out of your mind and get it down online. Share your thoughts and vent your feelings with fellow ADDers.

SUBSCRIBE TO OUR NEWSLETTERS

e-mail: subscribe@ladd.co.za with your contact details

SUGGESTED PROGRAMME OVER 2 WEEKS

COURSES	DURATION	COST
Free Public Talks	40 minutes + Q&A	FREE
Parents Workshop	2.5 hrs + Q&A	R300 pp OR R400 per couple
Parents Study Tips	2.5 hrs + Q&A	R300 pp OR R400 per couple
Educators Course	1 day	R1 000 pp
Educators In-service	2.5 hrs + Q&A	R100 pp MIN 25 pax
Learning ADDventures	1 day	R400 pp
Primary School Learners	30 minutes + Q&A	FREE
High School Learners	40 minutes + Q&A	FREE
Mothering the AD/HD Child	2.5 hrs + Q&A	R300 pp OR R400 per couple
Dad and the AD/HD Child	2.5 hrs + Q&A	R300 pp OR R400 per couple
AD/HD & Marriage - S/HE HaS No Faults!	2.5 hrs + Q&A	R300 pp OR R400 per couple
Support Group Leaders	1 day + Practical	R600 pp
LADD Assessments	2 hour in-depth assessment for AD/HD impairments plus written report & suggested Coaching Programme	R800 per assessment
During Week 2 we do follow ups with Support Group Leader and Educator Course delegates (not the In-service attendees) There is no charge for this		

BENEFITS FOR HOSTING SCHOOL

Free Talks - School receives free copy of our book and audio cds
 Providing we have the minimum number of paid delegates the school is able to send free:

- * 1 educator on the Educators Course
- * 1 deserving parent on the Parents Workshop
- * 1 deserving learner on the Learning ADDventures Course
- * 1 deservng delegate on the Support Group Leaders Course

CALL PAT NOW ON 082 559 3364 TO SCHEDULE TALKS AT YOUR SCHOOL OR E-MAIL PAT@LADD.CO.ZA

WHERE TO STAY?

Please send us your suggestions of good, clean, secure caravan parks that we can stay at around South Africa. We will be using this publication as a travel diary and will give our honest opinions that will hopefully help other travellers.

We are using our **Magnificent Living ADDventure Facebook page** - <http://www.facebook.com/home.php#/pages/The-Magnificent-Living-ADDventure/48672607866> to keep online visitors up to date.

e-mail pat@ladd. co.za to give us your suggestions.



Instead of this photograph of our travelling set-up, you could have your advertisement right here, or anywhere else that suits you!

**TO ADVERTISE IN THIS PUBLICATION CONTACT
 PAT ON 082 559 3364 OR E-MAIL PAT@LADD.CO.ZA.**

As a parent it can be very frustrating dealing with a child with ADD (as I am sure it is just as frustrating for a teacher) but I have come away feeling much more informed and hopefully more understanding and tolerant towards my son.

AD/HD COACHING FOR ADULTS

WHY DO WE WORK WITH ADULTS & NOT CHILDREN?

We work with adults because 4 out of 5 children who have AD/HD have at least 1 AD/HD parent. It is therefore sensible to help the parents create structure and sort out their lives so they can transfer these skills to their children.

We also work as facilitators between the Parents and Educators to help them each understand the challenges the child is facing.

The AD/HD parents need to learn the childhood skills that they didn't learn as children because of their own AD/HD.

WHERE DO WE START?

Although AD/HD symptoms are common every person with AD/HD is impaired differently. We therefore focus on the AD/HD IMPAIRMENTS.

To establish what these impairments are we conduct an in-depth 2 hour AD/HD IMPAIRMENTS ASSESSMENT with the client and we also have a partner, spouse or close friend present. POOR SELF OBSERVATION is a key characteristic of AD/HD behaviour and it is important to have someone to verify the answers given.

On completion of the Assessment we provide a written report for the client to take to their medical professional who will confirm or rule out AD/HD. We DO NOT diagnose AD/HD. The only professionals who are ALLOWED TO DIAGNOSE are Psychologists, Psychiatrists, GPs, Neurologists and Paediatricians.

If appropriate, any of the above excluding Psychologists may prescribe medication. Psychologists are not allowed to prescribe.

Our report also contains a suggested Coaching Programme to address the IMPAIRMENTS UNIQUE TO THE INDIVIDUAL.

Where appropriate we suggest other methodologies which may include OT, nutrition and exercise. Managing AD/HD is a multi-faceted process.

Once we know what the Impairments are and if the client is willing we embark on the **AD/HD Coaching Programme**.

I'm so impressed with the book (have looked at Mom's copy) that I've been punting it to my colleagues. I'd like to order 5 copies please A Johannesburg Occupational Therapist

AD/HD FREE TALKS

INFORMATIONAL TALKS

- Facts, Fables and Fiction - The truth about AD/HD
- The Litmus Test - symptoms and impairments
- Listen to The Sound of an AD/HD Brain
- Treatment options overview
- Rage video

INFORMATIONAL TALKS TO LEARNERS IN GRADES 4 - 12

A 45 minute chat to learners about AD/HD allaying their fears and answering their questions. The talks are done separately for Grades 4 - 7 and Grades 8 - 12.

INFORMATIONAL TALKS TO MEDICAL PROFESSIONALS

We invite medical professionals who are expert in the treatment of AD/HD to address other medical professionals. These are strictly by arrangement.

WHERE HAVE WE BEEN SO FAR? - HERE IS A PARTIAL LIST

<i>Ashton Intl College - Benoni</i>	<i>Astra School - CT</i>	<i>ADHASA Conferences</i>
<i>Cape Talk Radio Guest</i>	<i>CCFM Radio Guest</i>	<i>Cape Town Chamber</i>
<i>DSG Grahamstown</i>	<i>Elan Wellness Centre - PE</i>	<i>Eshowe Junior School</i>
<i>Eversdal Primary - CT</i>	<i>Facets Lifestyle Centre</i>	<i>Holy Cross Milnerton</i>
<i>Kathstan Colleg - Benoni</i>	<i>Port Alfred High</i>	
<i>Rondebosch Boys High</i>	<i>Rustenburg - various locations</i>	
<i>Rosebank Union - Coaching and Educators Course</i>		
<i>Soft Select - various courses</i>	<i>School of Achievement - Els Park</i>	
<i>Soweto</i>	<i>St Josephs Marists Rondebosch</i>	
<i>Umtata Primary School</i>	<i>Voice of The Cape Radio</i>	

"O what a wonderful experience....was so much fun and I've learned a lot....and the feedback I received since yesterday really amazing. I also would like to thank you for the amazing and life changing work you do. May God bless you in everything possible way and guide you towards just more and more....."

PARENTS AD/HD HALF DAY WORKSHOPS

We offer a variety of hands on practical AD/HD Workshops for Parents and Couples. These include but are not limited to:

MOTHERING THE AD/HD CHILD

- Creating consistent structure
- Building self esteem
- Non AD/HD siblings
- Avoid co-dependency
- Working with teachers
- Multi-disciplinary treatments

DAD AND THE AD/HD CHILD

- Why Dad is so important
- Managing Expectations
- Managing the "family business"
- Communication
- Leading in a partnership

AD/HD & MARRIAGE - YOU HAVE NO FAULTS!

- Distraction Loving
- Managing Expectations
- Being honest without pain
- It is not all about you
- Leading in a partnership
- Family goals

Cost: R300.00 per person or R400.00 per parent couple which includes course notes and refreshments.

Learn to understand each other, restore peace at home and learn to communicate positively with teachers.

YOU ARE NOT ALONE



Feb 2009: Talking to 200 educators at Astra School in Cape Town in baking heat of 35°C - the second of two such talks in 3 days.



March 2009: Training 20 parents at School of Achievement in Boksburg on Study Tips for Parents.

Having it (the book) in CD format was a blessing, with our busy lifestyles I was able to listen to it whenever I was in the car. I found the CD really informative from a parent's point of view and it really gave me a better insight to ADD and how better to understand my son.

THE AD/HD COACHING PROGRAMME

It is important for us to work within the Client's environment - home and sometimes the workplace if appropriate.

In the first stage we work very intensively with the client usually an hour a day 3 - 4 times a week. As the clients start to put the Coaching into practice it becomes less intense with face to face meetings around once a week. Telephonic and e-mail support is always available.

Where necessary we assist clients to resolve issues with their children's teachers or with colleagues and bosses. We are very careful about clients disclosing their AD/HD status at work as we have seen some clients being victimised.

WHAT ARE THESE SKILLS WE TEACH

1. The differences between rules and core principles and how to develop your own core principles and apply them to your everyday life
2. The difference between BAD, GOOD and RIGHT decisions and how to make RIGHT decisions which help to curb IMPULSIVE behaviour. Time Management which helps us manage the DISTRACTIONS around us.
3. The difference between BAD, GOOD and RIGHT decisions and how to make RIGHT decisions which help to curb IMPULSIVE behaviour.
4. Time Management which helps us manage the DISTRACTIONS around us.
5. Thinking Skills - ADDers either get bogged down in DETAIL or avoid it altogether, seeing only the BIG PICTURE which prevents them from achieving REALISTIC GOALS.
6. Overcoming SHORT TERM MEMORY problems.
7. Developing SOCIAL SKILLS which are often in short supply in ADDers.

DO YOU WANT TO BE A LADD COACH?

The first step is to train as a **Support Group Leader** and set up a few Support Groups in your area. You will receive ongoing support from LADD and we provide the Support Group training material.

CONTACT PAT@LADD.CO.ZA OR 082 559 3364 AND SPEAK TO PAT.

SUPPORT GROUP LEADERS COURSE

This 1 day course is ideal for those who would like to set up and run their own AD/HD Support Groups in their communities.

LADD™ Support Groups are structured meetings held once a week using material supplied by us. Support Group Leaders charge a small monthly fee to cover costs and earn an income. Support Groups consist of 4 - 8 members and each SGL can run as many or as few support groups as they wish.

Ongoing e-mail, telephonic and web support is provided by LADD™.

COURSE OUTLINE

The LADD™ Methodology

- Professionalism & Ethics
- Commitment
- Types of Groups
- Coaching Aspects

Basic Overview of AD/HD

- What it is and isn't
- Types of AD/HD
- Symptoms & Impairments
- The enigma of prognosis
- Treatment Options

Group Dynamics

- The Essence of a Group
- Communication
- Setting Boundaries
- Bonding and Binding

Cost: R600 per person

- This is a hands-on practical and intensive course with breakaway groups and lots of interaction.
- We require a minimum of 5 and maximum of 15 educators for this very comprehensive course.
- Course notes, refreshments and lunch are included.

"I would like to also thank you and Big Dave for a very interesting and enlightening talk. He answered so many questions that have been bouncing around in my head for many years. I can't describe what a relief it was to hear and realize what is going on. I am so blessed to have met you guys. I am seriously wanting to get on the advanced programme coaching etc to try and help out others that are in the same situation."

AD/HD COURSE FOR EDUCATORS

COURSE CURRICULUM	DURATION	COST
<ul style="list-style-type: none">• What AD/HD is and isn't• Symptoms & Characteristics• The AD/HD Continuum• Assessing AD/HD Impairments• Multi-disciplinary treatment - spectrum• Adapting & creating and effective AD/HD environment in the classroom• Practical tools to help educators deal with children in the classroom• Practical tools to deal with parents	Suggested Times Fridays 14h00 - 20h00 OR Saturday 09h00 - 16h00	R1000.00

NOTES:

1. This is a hands on practical and intensive course with breakaway groups and lots of interaction.
2. We require a minimum of 5 and a maximum of 15 educators for this very comprehensive course
3. Course notes, refreshments, dinner on the Friday evening and lunch on the Saturday are included.
4. Follow ups are conducted a week after the course and regular support is provided by phone/fax/e-mail/web.

DO YOU WANT ALL YOUR EDUCATORS TRAINED BUT CAN'T AFFORD THE FULL COURSE?

For schools who want to get all their educators more informed about AD/HD but can't afford the full course, we offer a 3 hour workshop at R100.00 per educator. We require a minimum of 25 educators. So get a couple of schools together and we will be there. Notes are included.

CALL PAT ON 082 559 3364 OR PAT@LADD.CO.ZA

AD/HD AND TEENAGERS

WHY ARE AD/HD TEENAGERS SO MUCH AT RISK

The ideal age to treat someone with AD/HD is between the ages of 6 & 12. If a child has been properly diagnosed, optimally medicated if necessary and given the love and support needed for the child to build a track record of success and achieve to the best of their ability, they will often cope far better as teenagers and adults than non-AD/HD peers.

Our experience has shown that untreated ADDers fall apart at particular stages in their lives depending on their individual circumstances.

As they enter puberty, they are given more freedom, there is less structure, peer pressure is immense and of course hormones are raging.

ADDers are generally 2 - 3 years ahead of their peers intellectually yet 2 - 3 years behind emotionally. The consequences for untreated AD/HD teenagers can be disastrous. They may turn to addictions to self-medicate, become involved in inappropriate relationships and their schoolwork suffers.

They have generally not learnt the childhood skills necessary to help them through this critical phase.

This is why we have created the Learning ADDventures course for 16 - 22 year olds to help them learn how to study, stay focused, develop core principles, make right decisions about their friends and choose an appropriate career.

GIVE YOUR TEENS A JUMP ON THEIR PEERS AS THEY ENTER THE WORKING WORLD

"Thank you so much for the fantastic talk. It was very informative and has really given me a whole new perspective of people living with ADHD. It has been fascinating observing the learner in my class with ADHD- he lives out so much of what you said. It has been amazing to see how all the staff in the unit have changed their approaches to him - he is no longer in 'trouble' for the things he does, because we now understand more about his barriers to learning. It has been fantastic for us and we are looking forward to reading your book.

LEARNING ADVENTURES 1 DAY COURSE FOR 16 - 22 YEAR OLDS

MODULE	KEY LEARNING POINTS
Learning Basics	Change is NOT Optional The Study Environment Note Taking Techniques Optimizing Memory Problem Solving
Decision Making	Good Decisions & Right Decisions Managing Expectations Goals - Developing & Implementing for Success
Time Management	Working Backwards to Get Ahead Distraction Death Diaries & Alarms Visualization Dancing the 2 Step
Study Methods	Mind Maps Out of Your Mind Neat Notes Recitation & Rehearsal Buddy Study One-at-a-time Mentoring
Values & Behaviour	Top 'Tude Fertile Failure
Parents	The Education Location Listen-Reading Chunking Attention Span Balance Visual Agendas Google Calendars

THE COST FOR THIS 1 DAY COURSE IS ONLY R400 AND INCLUDES A 1 HOUR SESSION FOR PARENTS

I'M AUDACIOUS,
ORIGINAL AND
INNOVATIVE...

I HAVE AD/HD

Dave Pughe-Parry

with Pat Pughe-Parry

Foreword by Professor Colleen Adnams Of The University of Cape Town

Living ADDventure®



INCLUDED FREE!
2 CD's with the whole
book for you to listen
to... AND
For those who like to
"listen-read..."

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**AVAILABLE AT
ALL COURSES
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WWW.LADD.CO.ZA
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PAT - 082 559 3364**

Foreword:

It is a pleasure to write this foreword for the first publication of Dave Pughe-Parry's book series on AD/HD.

AD/HD, previously under-recognised in adults, has the potential to undermine well-being and long-term life outcomes in those with the condition. Dave Pughe-Parry is a testimony to late recognition and a positive life outcome. He has developed a thorough understanding of AD/HD and related conditions, but more importantly has gone on to develop and apply a practical and rational approach to successful life management of AD/HD on a day to day basis. This book is clearly written, highly readable and contains pertinent information for those with AD/HD, their families and others.

This book and series will provide an excellent resource and adjuvant to theoretical information on the multidisciplinary management of AD/HD. Congratulations to the author for this notable accomplishment.

Colleen Adnams

Vera Grover Professor of Intellectual Disability University of Cape Town Founder member and executive committee member of the Paediatric Neurology and Developmental Association of Southern Africa (PANDA) -May 2008

The book and CD really gives me insight into what is going on in his head and helps me understand him so much better. I will most definitely recommend it to others and would appreciate it if you would let me know when any other titles are released. Mother of 9 year old son in KwaZulu-Natal, South Africa